

Caring for Our Community — Resources for Family of Victims, Community Members, and Allies of Monterey Park and Half Moon Bay Shootings (Last Updated 2/1/2023)



How to Respond: *Monterey Park and Half Moon Bay*

For many, Lunar New Year and the days that follow were meant to be a time filled with celebration, joy, and community. Instead, we mourn the lives lost and many injured following the tragic shootings in Monterey Park and Half Moon Bay. We are still processing and grieving, all in different ways, but the impact is clear, and it remains consistent: our community, especially those most vulnerable, is being re-traumatized as they continue to be targeted by hate and violence.

We are sad. We are angry. We are scared.

As we grapple with the tragedies that unfolded this week and search for answers, our community is coming together to show what solidarity and collective care look like. Below is a list of resources on how to get involved, access help, and support our community.

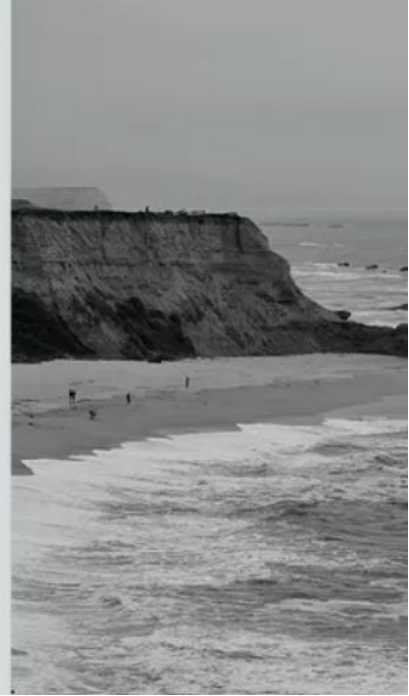
Assist the Victims and their Families

- **[HALF MOON BAY VICTIMS FUND](#)** to provide funds for families who have been impacted by the shootings in Half Moon Bay, California. All donations will go towards victims and family members who were directly impacted. This fund is organized by Chinese for Affirmative Action, Stop AAPI Hate, The Asian American Foundation, Advancing Justice-ALC and LEAP (Leadership Education for Asian Pacifics). Learn more about local organizations in Half Moon Bay including [Ayundando Latinos A Soñar \(ALAS\)](#), [Coastside Hope](#), [El Centro de Libertad \(The Freedom Center\)](#), and [Puente](#).

HALF MOON BAY VICTIMS FUND

#HMBVICTIMSFUND

Donate Now



- [***MONTEREY PARK LUNAR NEW YEAR VICTIMS FUND***](#) to provide financial support to family members of victims and those who have experienced loss. The fund was created by a coalition of organizations including Asian Americans Advancing Justice Southern California (AJSOCAL), Stop AAPI Hate, Asian Pacific Community Fund, The Asian American Foundation, Stand with Asian Americans, Gold House, AAPI Equity Alliance, Chinatown Service Center, Asian Youth Center and Project by Project.



- Spread the Love: Please feel free to use these materials to share with your networks. You can find sample tweets and [IG posts from us](#), [Chinese for Affirmative Action](#), and [Stop AAPI Hate](#).

Take care of yourself and your loved ones

California-specific Resources

- [AAPI Equity Alliance](#), an organization working to support and empower Asian American and Pacific Islander communities in Los Angeles County and beyond, has created a resource list in [English](#), Chinese ([Simplified](#), [Traditional](#)), [Vietnamese](#), [Korean](#), [Thai](#), [Hindi](#) and [Tagalog](#) for Monterey Park Victims and Community Members. [View Resource List Here >>](#)

- [Resources for San Mateo County Victims of Traumatic Violence](#) by Stop AAPI Hate and Chinese for Affirmative Action (CAA)

To find organizations offering services and programs for the Asian American community in your area

- The **Asian Resource Hub** includes a [community national resource directory](#) to support Asian communities through which you can find social services support, legal assistance, mental health support and identify opportunities to get involved in civic engagement and policy advocacy. The information is searchable by type of service, location, and language.

If you are interested in having your organization added to the community resource directory, please complete this [interest form](#).

The Asian Resource Hub is a project of Asian Americans Advancing Justice — Southern California and Asian Americans Advancing Justice — AAJC.

Mental Health Resources

- [Mental Health Resources for Monterey Park and Half Moon Bay Shooting Victims & Community Members](#) by National Asian American Pacific Islander Mental Health Association (NAAPIMHA).

How do you seek healing? Do you need a space to process and grieve?

- **Asian Mental Health Collective (AMHC)** offers mental health services and connects individuals to mental health providers. If you have been impacted from the Monterey Park and Half Moon Bay shootings and need emotional support, please contact therapy@asianmhc.org. If you are a mental health counselor and would like to offer your support, please contact therapy@asianmhc.org.
- Processing grief? According to Licensed Marriage and Family Therapist, Jeanie Y. Chang, remember to *give yourself grace, prioritize finding coping mechanisms that work for you, remember to rest and find a sense of belonging*. View this [resource](#) for more information.
- Browse and connect with an Asian Pacific Islander Desi American (APIDA) mental health care provider using AMHC's therapist directory [here](#).
- Visit [Asians for Mental Health](#) to browse and find an Asian Pacific Islander Desi American (APIDA) mental health care provider near you or join the directory if you are a mental health care provider.

Mental Health Resources for Seniors

- [How to help Asian American seniors affected by the mass shootings \(LA Times, 2023\)](#)

- [How To Talk To Asian Elders About Getting Mental Health Help \(LAist, 2023\)](#)
- VIDEO: [How we can talk to our Asian Elders about Mental Health \(Asians for Mental Health, 2023\)](#)

Resources for Children

- [Sesame Street Workshop](#)
- [How to talk to your kids about violence in our communities](#)
- [The Best Books for Talking to Kids About Death and Grief \(Little Feminist, 2022\)](#)
- [National Alliance for Children's Grief](#)
- [www.whatsyourgrief.com](#)
- [Kids Health: Helping Your Child Heal After Trauma](#)

We will continue to add resources as they become available. If you have any resources to share, please contact Emily Ku, Anti-Hate Response Coordinator at eku@advancingjustice-aaajc.org.

Asian Americans Advancing Justice — AAJC has a mission to advance the civil and human rights of Asian Americans and to build and promote a fair and equitable society for all. Visit our website at advancingjustice-aaajc.org.